

MEAL TICKET
SILVER SOCIAL CLUB

-----_yep, that's me

-----_told me this recipe

MAKING THINGS HAPPEN: FACILITATE A MEAL & A COMMUNITY COOKBOOK

FIND A SPACE & TIME. RESERVE IT. THINK ABOUT HOW YOU CAN MAKE IT FEEL WELCOMING.

INVITE YOUR GUESTS FOR A FREE MEAL. DON'T TELL THEM THEY ARE MAKING A COOKBOOK. PEOPLE WHO ARE NOT COOKS MAY FEEL LIKE THEY DON'T BELONG. INVITE PEOPLE FROM A VARIETY OF BACKGROUNDS THAT MAY NOT KNOW EACH OTHER. ASK IF ANYONE HAS FOOD ALLERGIES OR RESTRICTIONS. GET THEIR CONTACT INFO.

SET A BEAUTIFUL TABLE, BEING SURE THAT GUESTS CAN TALK TO EACH OTHER WITH NO UNINTENDED OBSTACLES. AT EACH PLACE SETTING THERE SHOULD BE A BLANK CARD AND A PENCIL. EACH PLACE SHOULD BE SET WITH A NAME. SEAT GUESTS NEXT TO AND ACROSS FROM PEOPLE THEY MAY NOT KNOW. TRY NOT TO SIT TWO SHY PEOPLE ACROSS FROM EACH OTHER.

COOK A NICE MEAL. IT CAN BE SIMPLE AND HUMBLE, OR TERRIBLY DECADENT. BE SURE TO PROVIDE CHOICES TO ACCOMMODATE YOUR GUESTS ALLERGIES/RESTRICTIONS. IF YOU ARE NOT A GOOD COOK, FIND ONE, OR BRING IN SOMETHING PRE-MADE. THEY MAY NEVER BE ALLOWED TO KNOW YOU DID THIS.

THINK ABOUT PLATING. WOW YOUR GUESTS WITH PRESENTATION. USE CLAY, METAL, WOOD AND GLASS.

AFTER GIVING THEM SOMETHING TO EAT, BUT BEFORE SERVING HOT FOOD THAT COULD GO COLD, HAVE YOUR GUESTS INTRODUCE THEMSELVES TO THE ENTIRE TABLE, OFFERING A FEW SENTENCES ABOUT WHATEVER MOVES THEM. IF YOU HAVE MANY LARGE TABLES, EACH GROUP OF TEN OR TWELVE CAN DO IT.

NOW ASK THEM TO EACH TELL A RECIPE TO THE PERSON ACROSS FROM THEM (OR BESIDE THEM, IF AT A ROUND TABLE). THE PERSON LISTENING SHOULD WRITE THE RECIPE DOWN. EXPLAIN THIS REQUIRES GOOD COMMUNICATION AND GOOD LISTENING. THE RECIPE, IT IS IMPORTANT TO SAY, CAN BE FOR FOOD OR FOR LIFE. IT IS SIMPLY A SET OF INSTRUCTIONS. ASK THEM TO THEN REVERSE ROLES. IN THE END YOU SHOULD HAVE AS MANY RECIPES AS YOU HAVE GUESTS. HAVE THEM SIGN THE CARDS: ".....'S RECIPE, TRANSCRIBED BY".

NOTICE HOW THEY START DISCUSSING FAMILY, CULTURE, VALUES, AND HISTORY, AMONG OTHER THINGS. LISTEN TO THE DIN AT THE TABLE AND SMILE.

TAKE THE CARDS, SCAN THEM, AND DESIGN/COMPILE THEM INTO A PDF. PRINT AND DISTRIBUTE, OR SEND IT OFF TO YOUR PARTICIPANTS AS AN E-BOOK. YOU DID GET THE CONTACT INFO FOR ALL YOUR GUESTS, RIGHT?